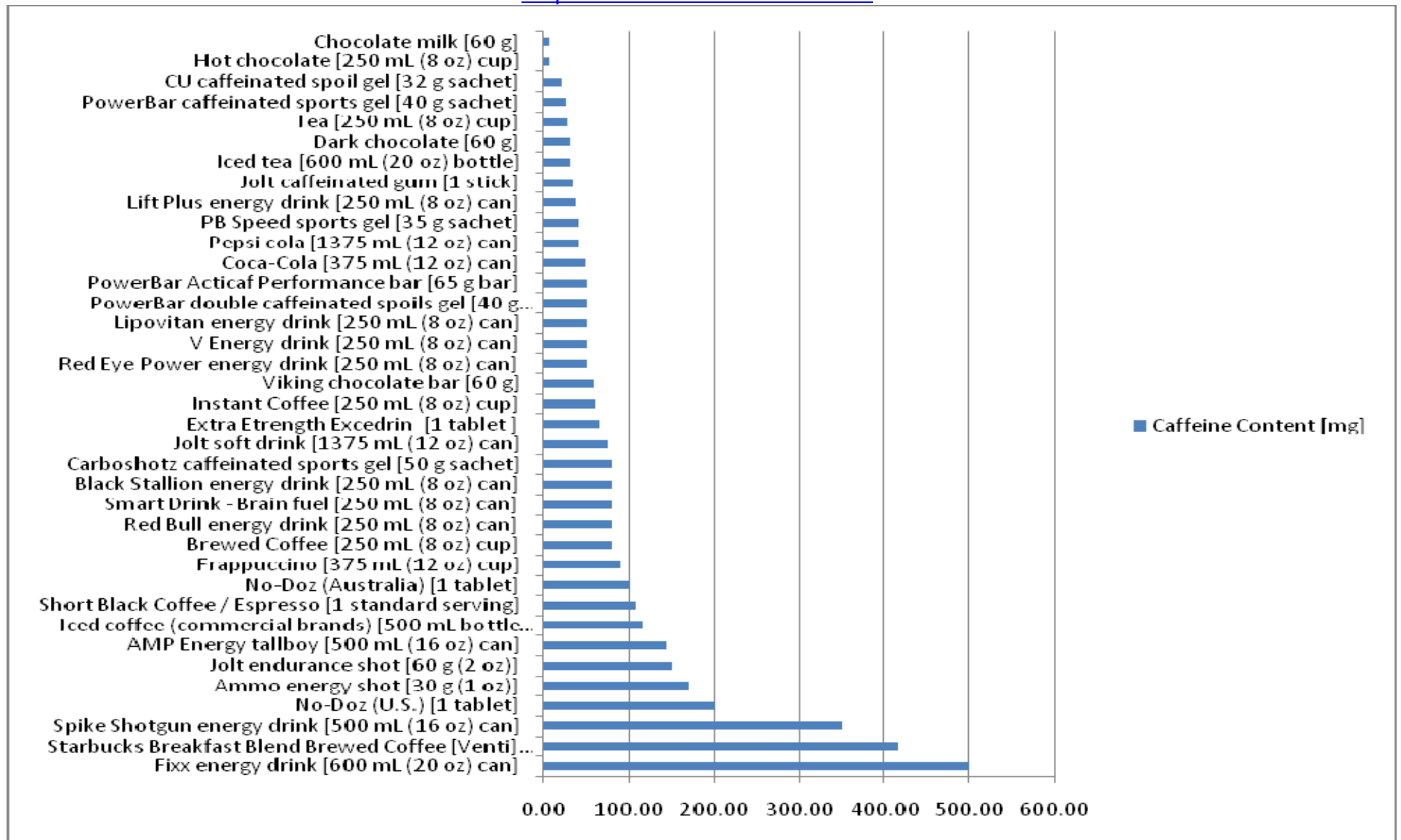


Caffeine Content in Coffee, Tea And Other Popular Foods

<http://www.aboutcoffees.com>



*These values were gathered from a variety of sources, including manufacturers' information and nutrition databases (Centre for Science in the Public Interest (available at <http://www.cspinet.org/new/cafchart.htm>), and USDA National Nutrient Database (available at <http://www.nal.usda.gov/fnic/foodcomp/search/>)). Commercial brands may vary slightly from country to country.

The caffeine content of tea and coffee varies widely, depending on the brand, the way the beverage is made, and the size of the mug or cup. Commercial samples purchased from a variety of outlets, Commercial samples bought from the same Starbucks outlet.